



Mobility project for young people – European Voluntary Service (EVS) in Portugal

Period of EVS stage: 12 months (1st February 2017 – 31th January 2018)

Venue: Braga, Portugal

Ref. Nº: 2016-2-PT02-KA105-003495 "Using Art and New Technologies as Tools for

Social Inclusion"

Required EVS volunteers: 6 volunteers (2 from Italy, 2 from Czech Republic and 2

from Romania)

DESCRIPTION of the organization:

Associação Juvenil SYnergia is a non-governmental organization established in 2004 in Braga, Portugal. SYnergia's work has been based on the values of youth associations: justice, solidarity, dedication, responsibility, cooperation, social awareness, being a space where they exercise and claim rights of assembly, association, culture, sports and leisure. Associativism should contribute to the consolidation and dynamization of the social fabric and be an important factor of transformation and social innovation. This is how SYnergia identifies itself as an important means for young people to make their ideas and opinions heard. In all its activities, SYnergia's main objective is to support young people, give them new opportunities and, above all, promote their work. This is the case of the Project Support Office, which has been in operation since 2009, which aims to support young people in their initiatives / projects and in the search for employment / training, encouraging them to be entrepreneurs, as well as advising them through sharing best practices. The European Projects Office is also intended to provide young people with new opportunities, in this case international experiences, in the form of exchanges and European Voluntary Service. TOCA (cultural project of the association) also has this purpose, to give young people a place where they can grow and demonstrate all their potentialities. Here the young people have a work space where they can share their experiences with other young people, promote events, and, above all, demonstrate all their creativity, without limits or barriers. In the context of sports support, the association has the Academia SYnergia, with various modalities of physical activity, so that everyone can practice them, giving particular emphasis to youngsters with disadvantages in order to teach them healthy living practices, as well as encouraging their social inclusion. These modalities have been designed to cover a large part of the community. Thus, for the kids, the Academia offers classes of hip-hop, ballet, rope skipping and several sport ateliers. For the rest, there are classes of zumba, capoeira, ballroom dancing, street workout, rugby, among others.

The activities we organize come to respond to the perceived lack of society today a real environment where people can socialize and interact with each other by being involved in various activities of non-formal education.





PROJECT DESCRIPTION:

Associação Juvenil SYnergia is looking for six volunteers to work with our members, local volunteers and youth workers for 12 months to promote social inclusion and multiculturalism through the use of Arts and New Technologies. It aims to promote a bigger tolerance and openness of the community to different cultures, as well as integrate people from minority groups. SYnergia possesses all the means necessary to fulfill the project's activities. TOCA, the cultural project of the association, and SYnergia TV, associated online television, emerge as essential platforms for the fulfillment of the planned activities, offering volunteers all kinds of support.

During the mobility activity, volunteers will develop the following activities:

- Creating artistic shows that promote the issues of social inclusion and multiculturalism;
- Organizing awareness campaigns about the same issues;
- Giving workshops/courses at TOCA and other institutions, destined for people from minority groups;
- Streamline a multicultural event, monthly, that promotes the sharing between different cultures;
- Preparation of a Multicultural Festival, to happen at the end of the SVE project;
- Rehabilitation of SYnergia TV's website, that will also be used as an online platform to spread the project;
- Recording of all activities that happened throughout the project, to share and to be used in a documentary about the project;
- Production of audiovisual contents, working with people from minority groups.

Project aims

- Develop artistic activities, that deal with the social inclusion/multiculturalism issue and allow the stimulation of the conscience and interest of people on this;
- Facilitating the integration of minority groups, through their participation in activities related to arts and new technologies;
- Teach volunteers personal and professional competences that will make them more qualified for the labor market and more confident as individuals, as well as motivating them in the development of personal projects;
- Streamline SYnergia TV as a tool to disseminate results;
- Create a Multicultural Festival that involves all parts of the project, and that could be replicated in the other involved countries.

PRACTICAL ARRANGEMENTS for the volunteers

Food and Accommodation: The volunteer will live in an apartment with the other volunteers from the project. They will share the room with another volunteer. They will share cooking, washing, laundry and social facilities. A monthly food allowance will be provided (150€).

Local Transport: The transport charges for the project work will be met. This will not include outings and visits of the volunteer on her/his own initiative.

Language training: We will provide language lessons in University of Minho. **Volunteer allowance:** The volunteers will receive a monthly allowance (100ϵ)





Reimbursement of travel costs

We will reimburse your travel costs according to the rules of the Erasmus + Programme. Reimbursement of travel costs will be done upon presenting original tickets, receipts/invoices and boarding passes.

The travel expense limit per country/pax is: Czech Republic – 360€ Romania – 360€ Italy – 275€

SELECTION PROCESS:

If you are interested in our project please send CV and application (important contents in the attached file) to the following email address: gap.synergia@gmail.com until the 31th December 2016 with the mention "FOR EVS in SYnergia". The selected applicants will be invited for a Skype interview which will be fixed individually.

SELECTION CRITERIA:

All the selected participants will be youngsters with less monetary, geographic or cultural opportunities. Having in mind the nature of the project, priority will be given to volunteers with cultural differences. To assure the well functioning of the project, we look for people with the following characteristics: entrepreneurs, creative, motivated, responsible, tolerant, interested and concerned with the social inclusion issue. To substantiate the purposed activities, it is essential that the participants possess technical competences in the subject of new technologies and/or artistic competences in all kinds of subjects. We are encouraging to apply young people who might face different obstacles, such as:

- Cultural differences: descendant from immigrant or refugee family, person belonging to a national or ethnic minority;
- Economic obstacles: person with a low standard of living, low income, dependence on social welfare system; in long-term unemployment or poverty, homeless, person in debt or with financial problems;
- Geographical obstacles: person from remote or rural areas; person living on small islands or peripheral regions; person from urban problem zones; person from less serviced areas (limited public transport, poor facilities, abandoned villages).

For more details please contact:

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If you want to know more about SYnergia, here you have some useful links:

Web: www.synergia.pt

Facebook of SYnergia: https://www.facebook.com/ajsynergia/?fref=ts

Facebook of TOCA: https://www.facebook.com/TOCA.braga/SYnergia TV: https://www.youtube.com/user/TVSynergia